

Conference programme 2012

Better Being: Promoting Well-being within Communities

ROCHESTOWN PARK HOTEL, CORK, THURSDAY OCTOBER 25th 2012













About the conference

Since **Respond!'s** foundation in Waterford City in 1982 it has expanded its remit right across Ireland. To date, Respond! has provided some 5,500 dwellings for persons/families in need and have over 3,700 dwellings under our management in over 160 estates, including some 60 community buildings and over 30 child-and-family centres.

In 2008, **Respond!** undertook a survey by Dr. Kieran McKeown of **Respond!** households. to determine the level of well-being among mothers and children. The findings of this study into the well-being of mothers and children and the Slán Report (2007) have major significance for health and social policy in this country if they are extrapolated across the whole social housing sector.

Respond! is committed to highlighting the prevalence of mental health illness amongst low income families. This one day Conference on the subject of *Better Being* and Mental Health in Cork on Thursday, 25th October 2012 brings together leading mental health practitioners including Dr. Jim White from Glasgow, Professor Margaret Barry from NUIG and many others.

Respond! does not have all the answers: but we have the willingness to respond to new ways of competent community intervention towards '*Better Being*' for all. Do come and join us at this thought provoking and forward thinking event in Cork on the 25th October 2012.

About Respond!

In 2012, **Respond!** celebrates its establishment 30 years ago. Since 1982 it has provided some 5,500 homes nationwide.

Respond!! provides homes for traditional families, lone-parent families, older persons, homeless and disabled people. It continues to manage and support some 4,000 homes nationally.

Respond! aims to:

- Establish and maintain vibrant, socially integrated communities rather than simply providing just shelter or accommodation
- Advance education among residents of our estates
- Promote other charitable purposes beneficial to the community
- Prevent and relieve hardship and distress amongst those who are homeless and amongst those in need who are living in adverse housing conditions

Respond! believes in providing housing for social investment rather than financial profit. Therefore, we provide housing for some of the most vulnerable groups in society including those who have lived for long periods in hostels, temporary and insecure accommodation.









Better Being: Promoting Well-being within Communities

ROCHESTOWN PARK HOTEL, CORK, THURSDAY OCTOBER 25TH 2012 OPENED BY: **JOHN BUTTIMER**, LORD MAYOR OF CORK

9.30 Incidence of Mental Health Breakdown among Low-income Families Respond! study Dr.Kieran McKeown, Consultant Slán Study, 2007 Prof. Mgt Barry, NUIG 11.45 New Ways of Responding to Mental Illness in the Community The Stepped Care Model of Mental Health Delivery Dr Jim White, NHS Glasgow Mental Health and Building Resilience Ted Tierney, Mental Health Ireland Headstrong and Jigsaw-Community	9.00am 9.15	Registration Conference Opening: Speaker: John Buttimer, Lord Mayor of Cork	11.30	Respond! Waterford Shadow Puppet Theatre Group performance of "Loneliness"
• Extrapolation across Social Housing	9.30	Incidence of Mental Health Breakdown among Low-income Families • Respond! study Dr.Kieran McKeown, Consultant • Slán Study, 2007 Prof. Mgt Barry, NUIG • Extrapolation across Social Housing	11.45	Mental Illness in the Community The Stepped Care Model of Mental Health Delivery Dr Jim White, NHS Glasgow Mental Health and Building Resilience Ted Tierney, Mental Health Ireland Headstrong and Jigsaw-Community Services and Support
Sector Fr Pat Cogan, Respond! 1.00 Lunch			1.00	, , , ,
11.15 Tea/Coffee 1.45 New Ways of Responding to Mental Illness in the Community Continued A Selection of key projects/best practice in Cork including:	11.15	Tea/Coffee	1.45	Illness in the Community Continued A Selection of key projects/best practice
 Irish Advocacy Network Critical Voices Cork (UCC) West Cork Mental Health Services Others to be confirmed 				 Critical Voices Cork (UCC) West Cork Mental Health Services
3.00 Conclusion			3.00	Conclusion











Better Being: Promoting Well-being within Communities

ROCHESTOWN PARK HOTEL, CORK, THURSDAY OCTOBER 25TH 2012

Booking form

Please complete **BOTH SIDES** of this form, detach & return to:

Respond! Housing Association

High Park, Grace Park Road, Drumcondra, Dublin 9. Tel: 0818 357901

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	Early bird to include	•	October 12	th 2012)	€45
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Should you require an invoice, please indicate required postal address									

Accommodation

The Rochestown Park Hotel are offering a special **Respond!** Conference Delegate rate for B&B. Single room €80 per night; Double room €85 per night. Please quote the **Respond!** Conference when booking.

Rochestown Park Hotel, Rochestown Road , Douglas, Cork. Tel: +353 21 489 0800 - E: res@rochestownpark.com

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