





# Smart city, Seniors, and the Opportunities to Tackle Social Isolation Using Technologies

Long Pham
Social Isolation and Technology Conference
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- Introduction
  - CorkCitiEngage
  - Measuring topics
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- Literature review
  - Smart City
  - Senior and technologies
- Results & Findings:
  - participation; digital skills; assessment, access, and usage of public infrastructure
- Conclusions









# Objectives of the CorkCitiEngage Project

#### Have Your Say

- Detecting citizens/residents' understanding of smart city projects
  - Current practices and willingness to engage & participate in public issues
  - Digital skills; preferred means of communications;
  - Access to and use of broadband internet and public transport
- Setting up a baseline for Cork Smart Gateway for initiatives prioritization
- Quantifiable indicators to develop relevant evidence-based interventions and policies, and measure progress and outcomes





#### Measuring topics

#### **Public Participation**



- Current understanding about smart city projects in Cork
- Current practices and willingness to engage/participate in public issues
- Current practices and willingness to volunteer

#### **Digital skills**

- Preferred means of communications (mobile, post, social media, text message...)
- Current usages and using skills of numerous means of communications
- Current usages of social media

#### Public infrastructure access and usage

- Use of broadband, internet
- Use of public transport: buses, trains, bicycle hire
- Use of city's open data











#### **Updated demographical data**

- Time of stay in Cork
- o Age
- Gender
- Education
- Ethnic background
- Employment







#### Partners in the CorkCitiEngage











































#### **Literature review: Smart City**

- Smart Cities: hot topic, typically in living labs rather than applications city-wide
- SC use modern digital communications technology to monitor, manage, and enhance key infrastructure and public services. Transport/traffic management/energy/water and waste water management/healthcare/community services
- Traditional Citizen Engagement: NIMBY, distance from political and policy discussions => SC initiatives need to change the citizen engagement from topdown, technology-oriented to bottom-up, citizen-oriented
- Citizen engagement and local government: governance, accountability, trust, transparency, coproduction of solutions for local and regional challenges
- ICT and citizen engagement: tools and platforms applied with many challenges, newer platforms may help





#### Literature review: Seniors and technologies

- The percentage of senior (65+) is growing: 24% in the world by 2030;
   16% (2016) -- 24% (1M) in Ireland
- Reduced numbers of home help (16-20%) since 2008
- Technologies help to cope with social isolations, loneliness and wellbeing
  - General ICT; video games; robotics; personal reminder information and social management systems; asynchronous peer support chat room; social network sites; Telecare; and 3D virtual environment
- Benefit to Seniors: connecting, gaining social support, engaging, boosting self-confidence





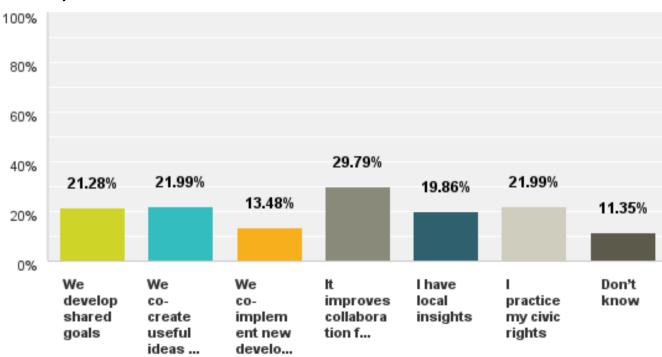
#### **Seniors in Cork and Smart City Possibilities**





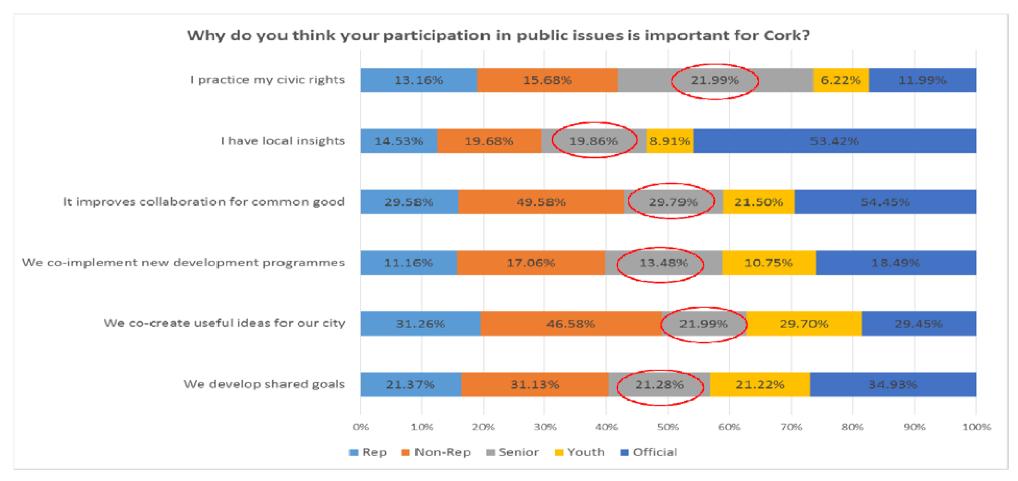


Why do you think your participation in public issues is important for Cork? (n=141)





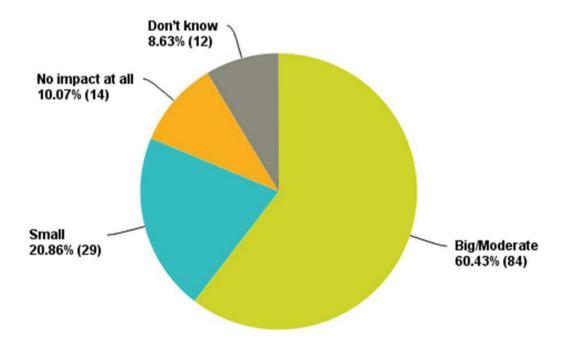






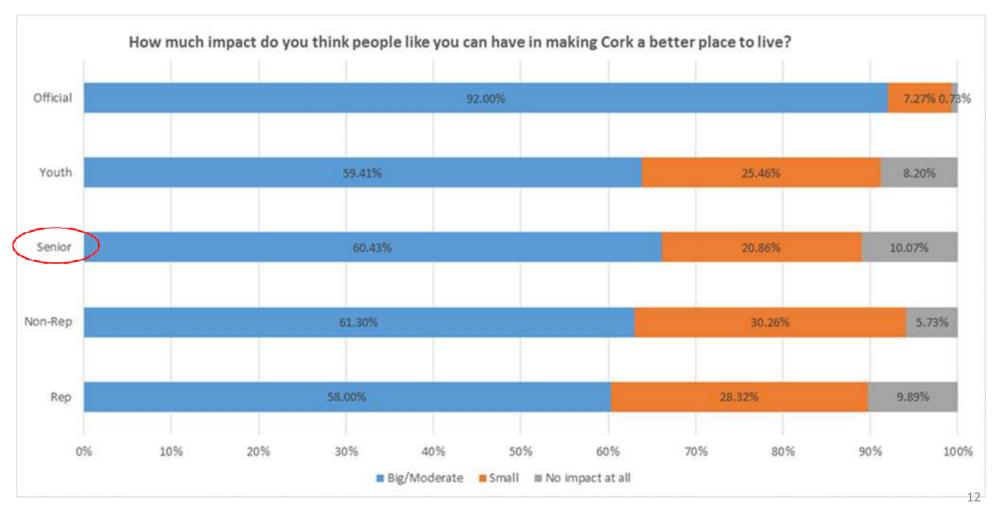


How much impact do you think people like you can have in making Cork a better place to live? (n=139)





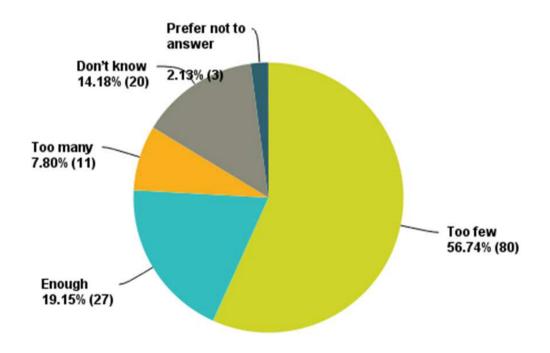






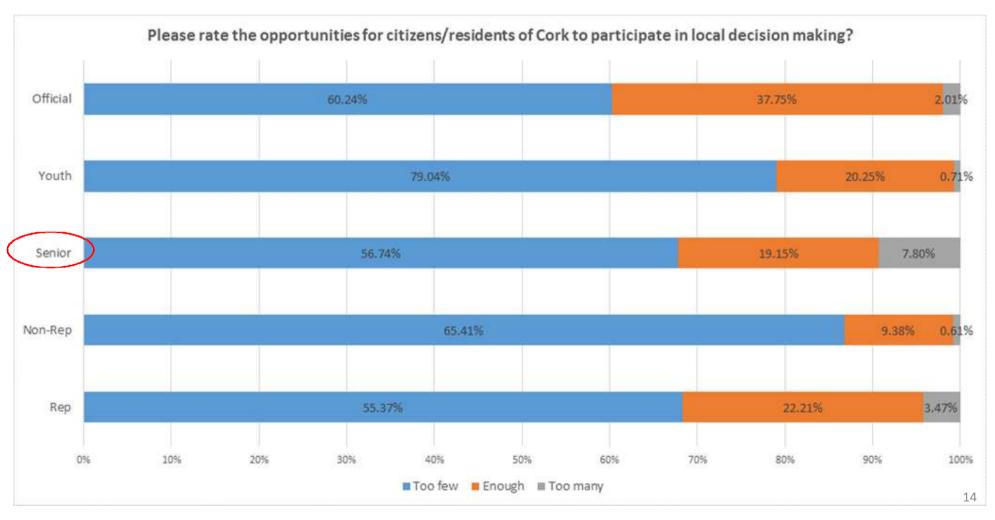


Please rate the opportunities for citizens/residents of Cork to participate in local decision making (n=141)





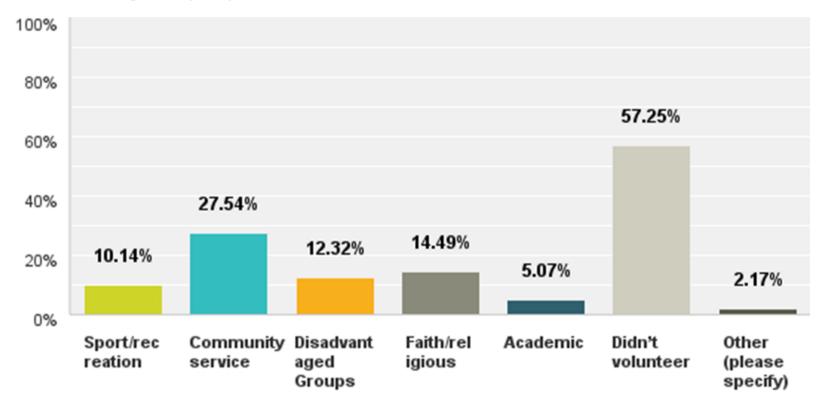






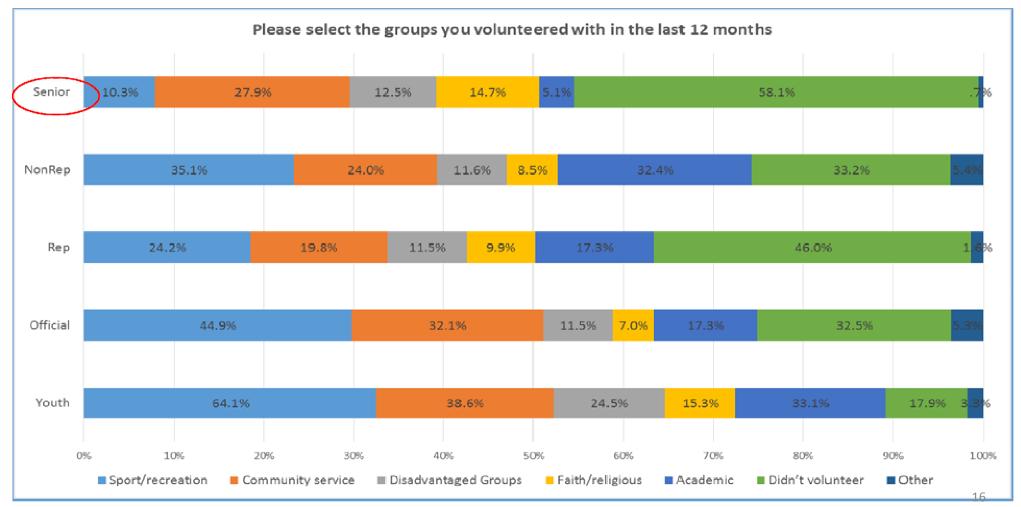


Please select the groups you volunteered with in the last 12 months (n=138)





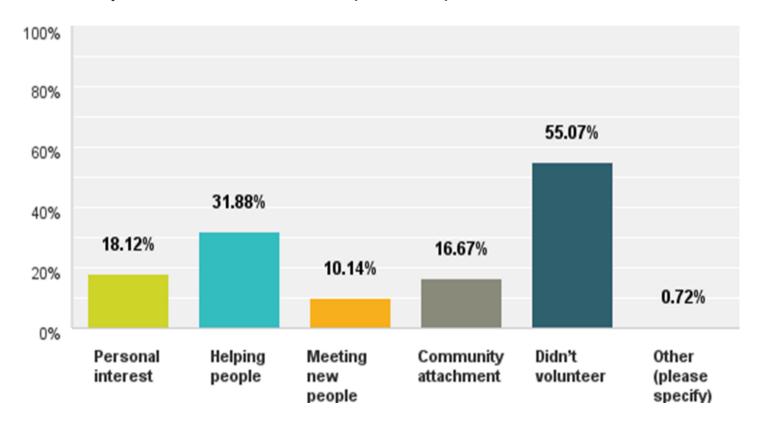








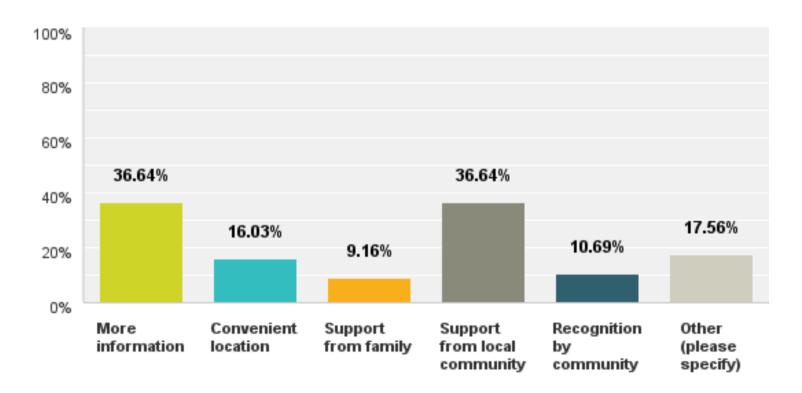
What motivated you to volunteer? (n=138)







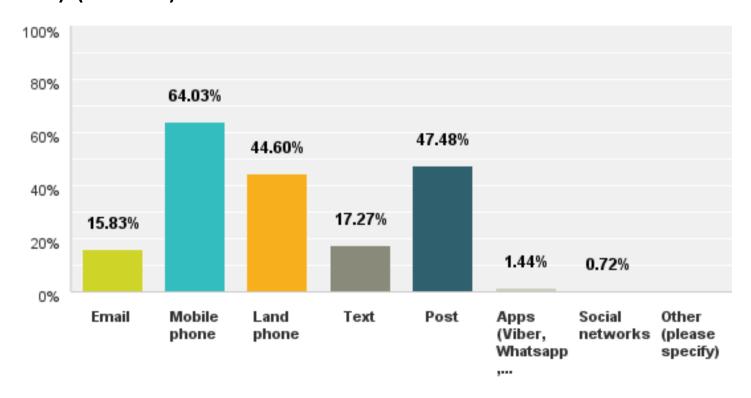
What would make it easier for you to volunteer? (n=131)





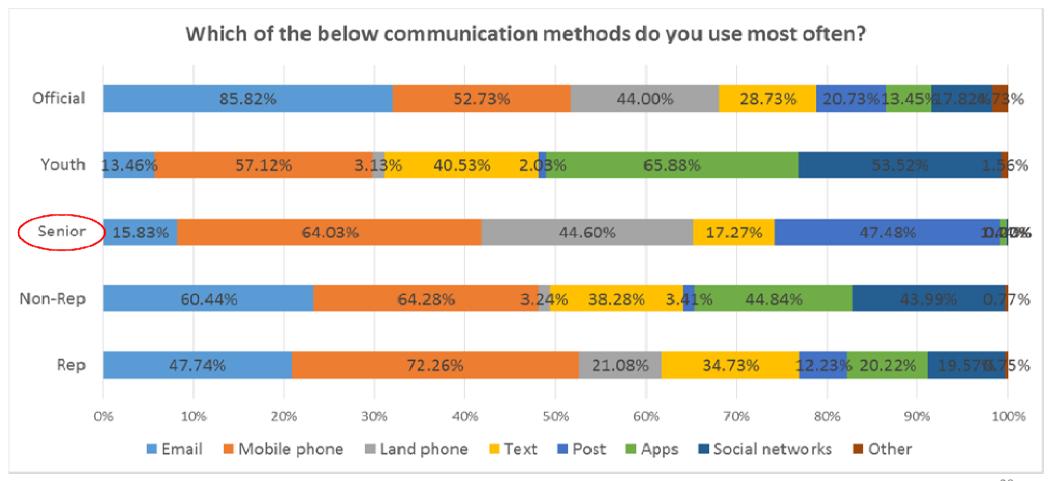


Which of the below communication methods do you use most often? (select two) (n=139)





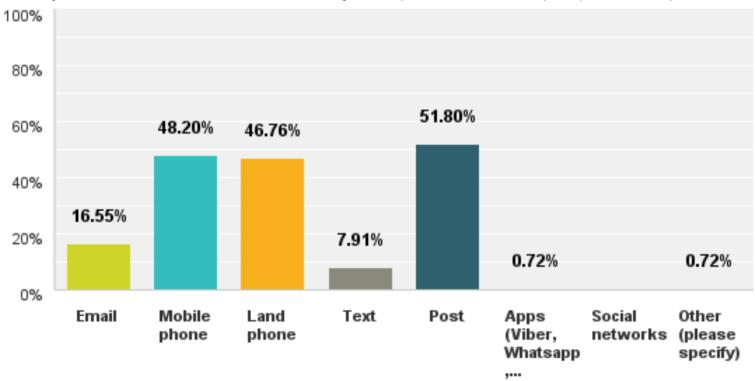






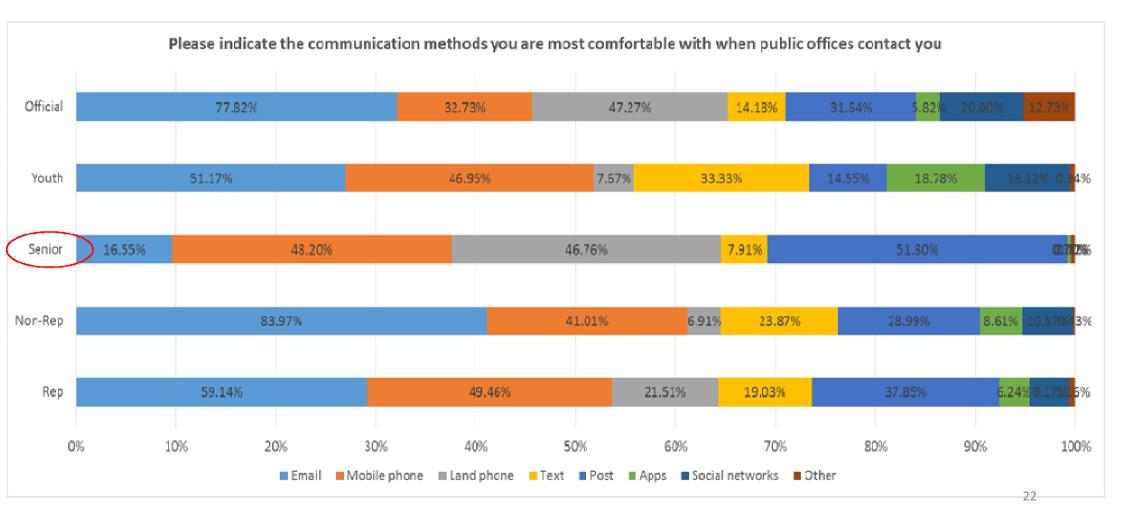


Please indicate the communication methods you are most comfortable with when public offices contact you (select two)? (n=139)





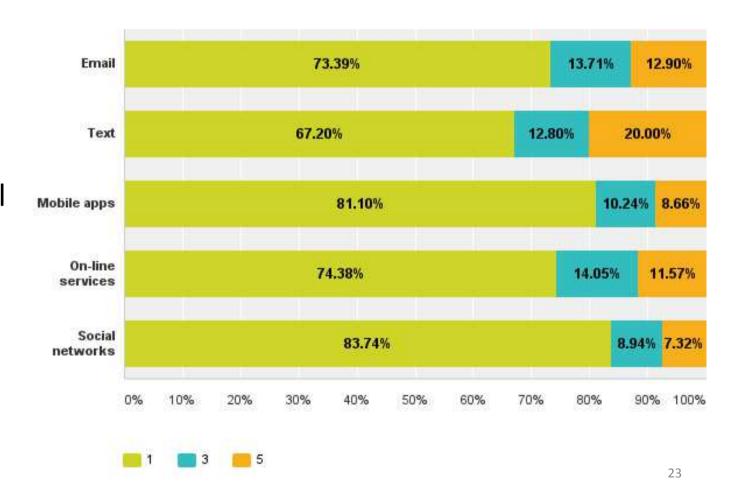








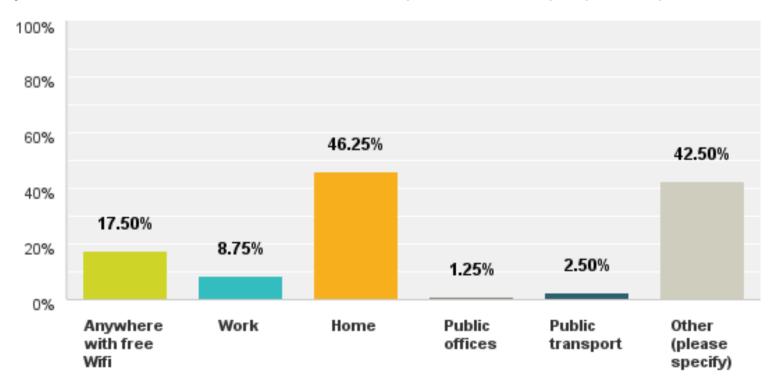
How do you rate your skills in using the following digital tools? (1 is 'Very poor' and 5 is Very Good)







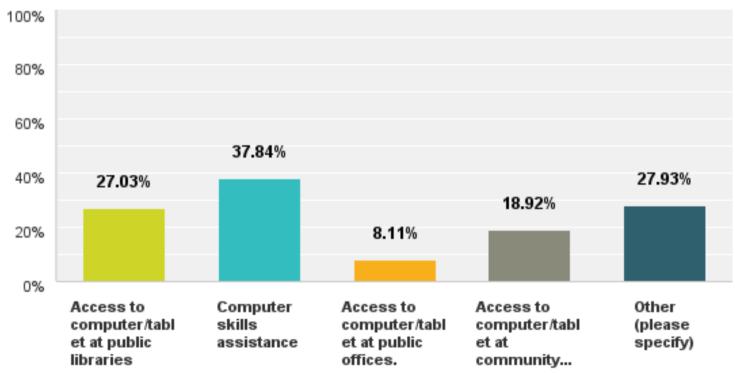
Where do you access the Internet most (select two)? (n=80)







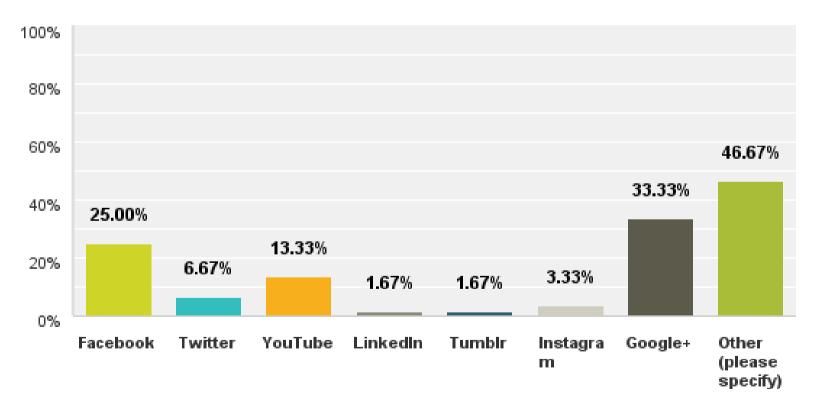
What would help you to better use public services over the Internet? (n=111)





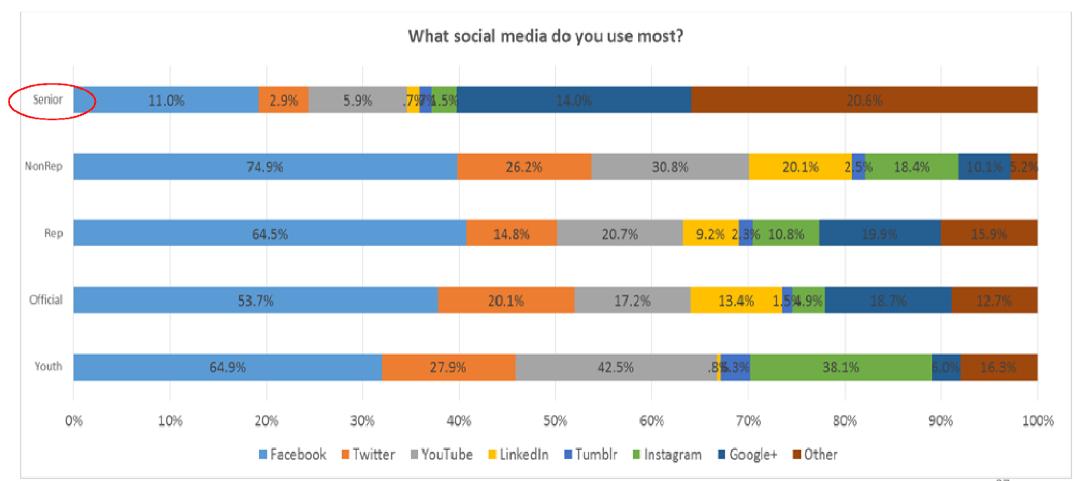


What social media do you use most? (n=60)











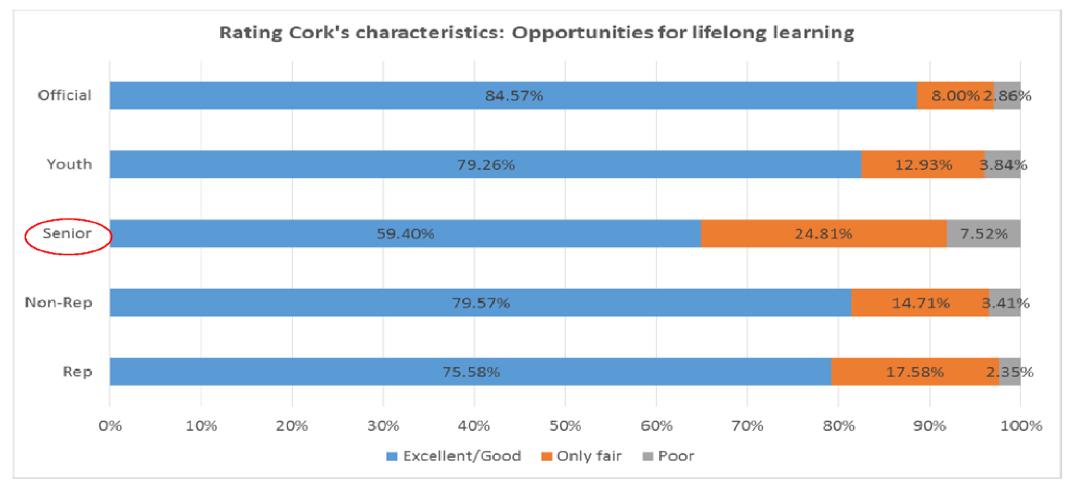


How would you rate the following characteristics of Cork? (n=139)



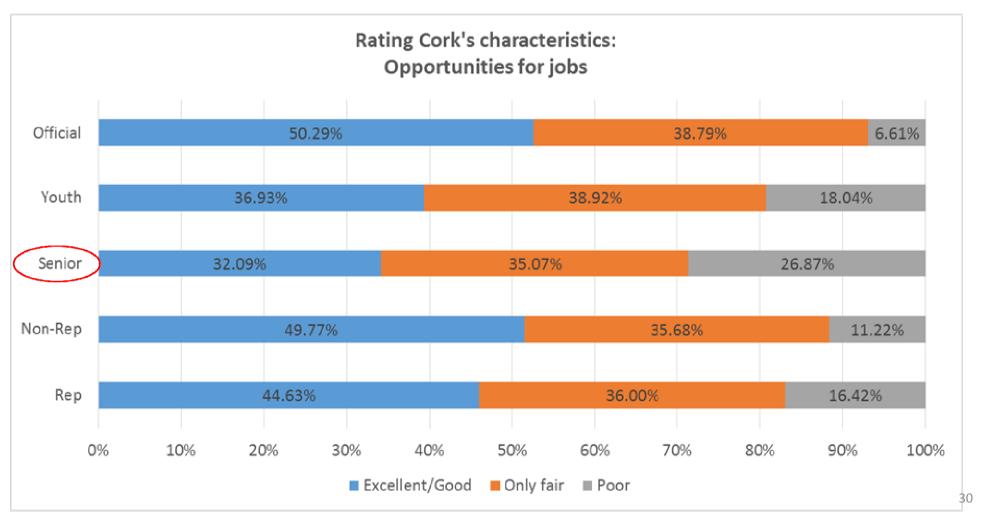
















Please rank the following (1-5) in terms of their importance to Cork's

future (n=139)







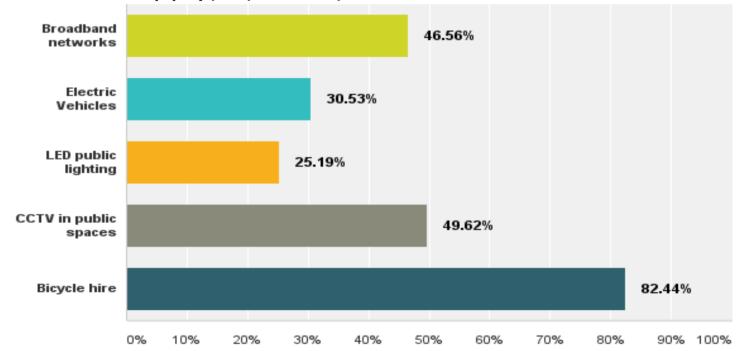
How much involvement do you want in the following future Smart City projects? (n=133)





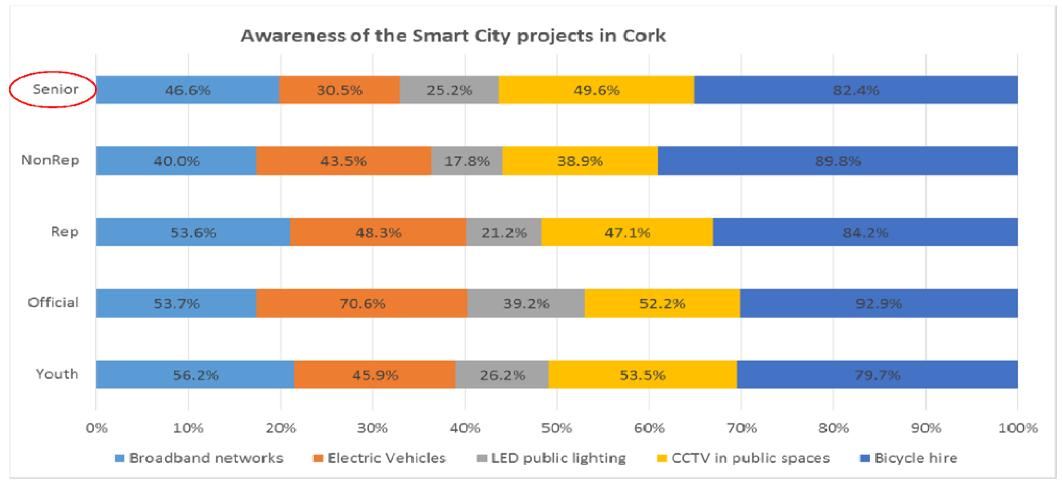


Please indicate if you know about any of the following Smart City projects in Cork (tick all that apply)? (n=131)





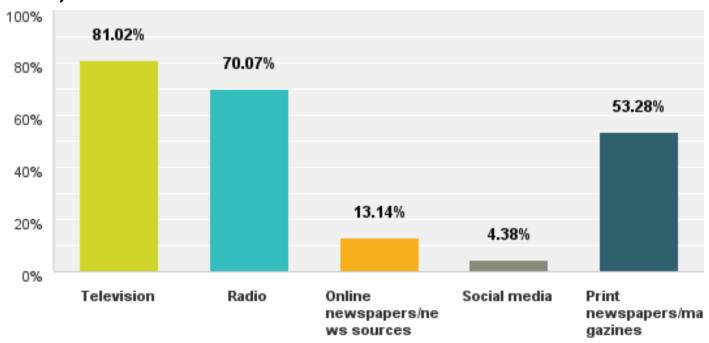








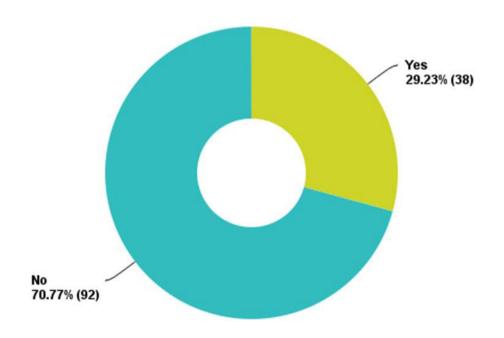
What are the primary sources of information that you use on daily basis? (n=137)





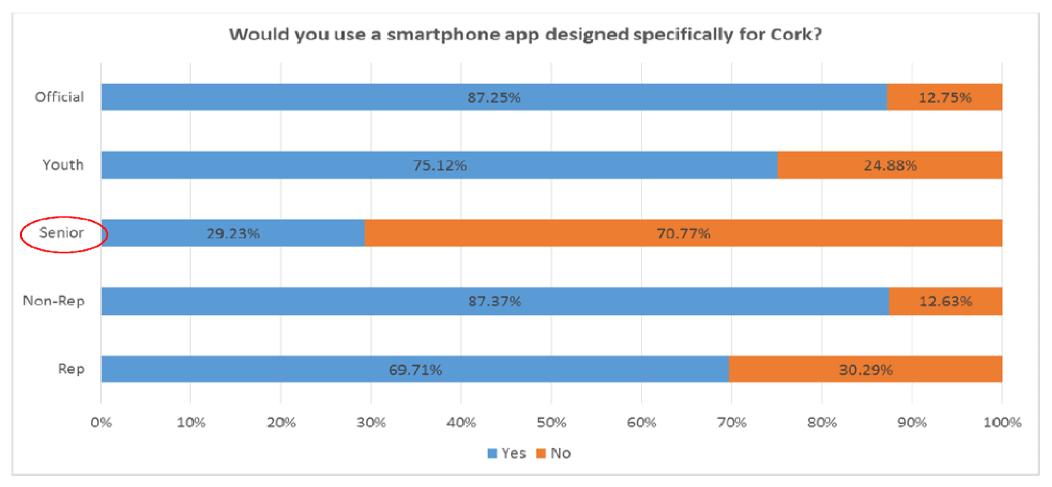


Would you use a smartphone app designed specifically for Cork? (n=130)







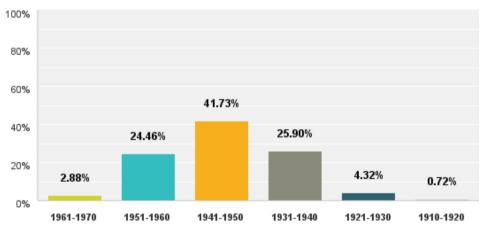


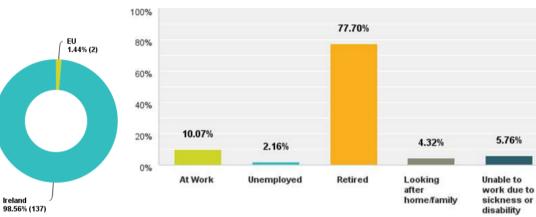


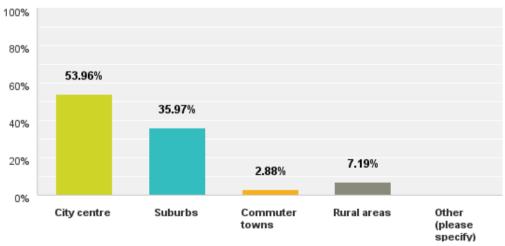


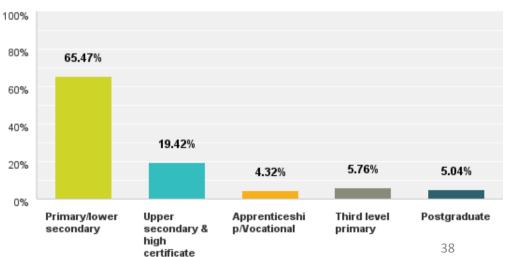
5.76%

# Demographical characteristics













#### **Findings**

- Seniors in Cork have good awareness overall of what's happening in their city: lifelong learning, immigration, jobs, health and wellbeing, public transport
- They are sceptical about the "Why" of the participation in local issues, but they believe their participation would have impact in making cork a better place, despite "Too few" opportunities available
- Less than half of the seniors volunteered but those who did, wanted to help people and they need more info and support from local community
- They care about energy, water efficiency and public issues and are aware of added infrastructures (shared bicycles, CCTV, broadband, EV, LED)
- They use and want to be communicated with via mobile phone (64%); land phone; and post; have some experience using Google and Facebook
- They get info via TV, radio and print and like to use text (SMS) while struggle with other digitals tools (email; mobile apps; online services; and social networks)
- They want to have help with computer skills and access to computer/tablet at libraries and community centres; they don't want to use local smart phone app





#### **Conclusions**

- ✓ Seniors in Cork can benefit from SC technologies with positive participation attitude, good awareness, and willingness to involve
- ✓ Technologies in health and wellbeing; and safe public can help to improve their quality of life in both public and their home arenas
- ✓ Tech in transport (shared lifts) and personal reminder management systems (medications, medical, social and physical activities) can be introduced in trials
- ✓ICT tools (mobile phones, apps, social networks) can connect them with extended families, friends and social support groups
- ✓ Skills training is important for the seniors; youth volunteers can help
- ✓ICT hardware (PC, tablets) should be available in day care, community centres and public libraries; learning groups can be formed and nurtured
- ✓ Awareness campaigns re new programmes benefitting or targeting the seniors should go via TV and radio programmes and prints.





#### Q&A

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#### **Acknowledgments**















