



**ALONE**

Supporting older people  
to age at home

**Seán Moynihan, Chief Executive Officer**

# Challenges

**ALONE**

Supporting older people  
to age at home

**1 in 5**

- people will be over 65 in the next 30 years

**1.4 Million**

- will be over 65 in 2046.

**From 6:1 to 2:1**

- currently there are 6 working people to every retiree; by 2050 this will move to 2 working people to every retiree.

**1 in 5**

- over 65s experience poverty or deprivation

**1 in 10**

- suffer with chronic loneliness

**42%**

- of older peoples budget is available for community care supports

**½ of over 50s**

- report housing problems, often to do with heating, mould or structural damage.

# ALONE's key Services

**ALONE**

Supporting older people  
to age at home



## Befriending and Advocacy

Provides companionship to older people through a regular volunteer visit



## Support Coordination

Coordinates formal and informal supports to facilitate ageing at home



## Housing with Support

Provides supported age friendly housing to older people



# Harnessing the Capacity of Communities

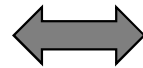
**ALONE**

Supporting older people  
to age at home

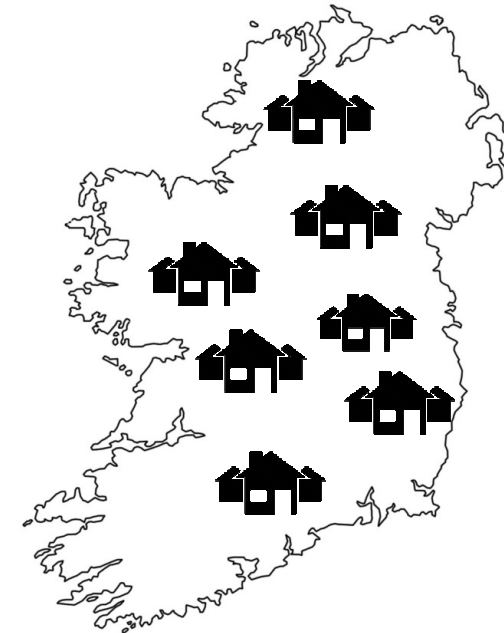
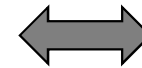
4 levels of relationship



**Befriending Organisations**



**Support Coordination Hubs**

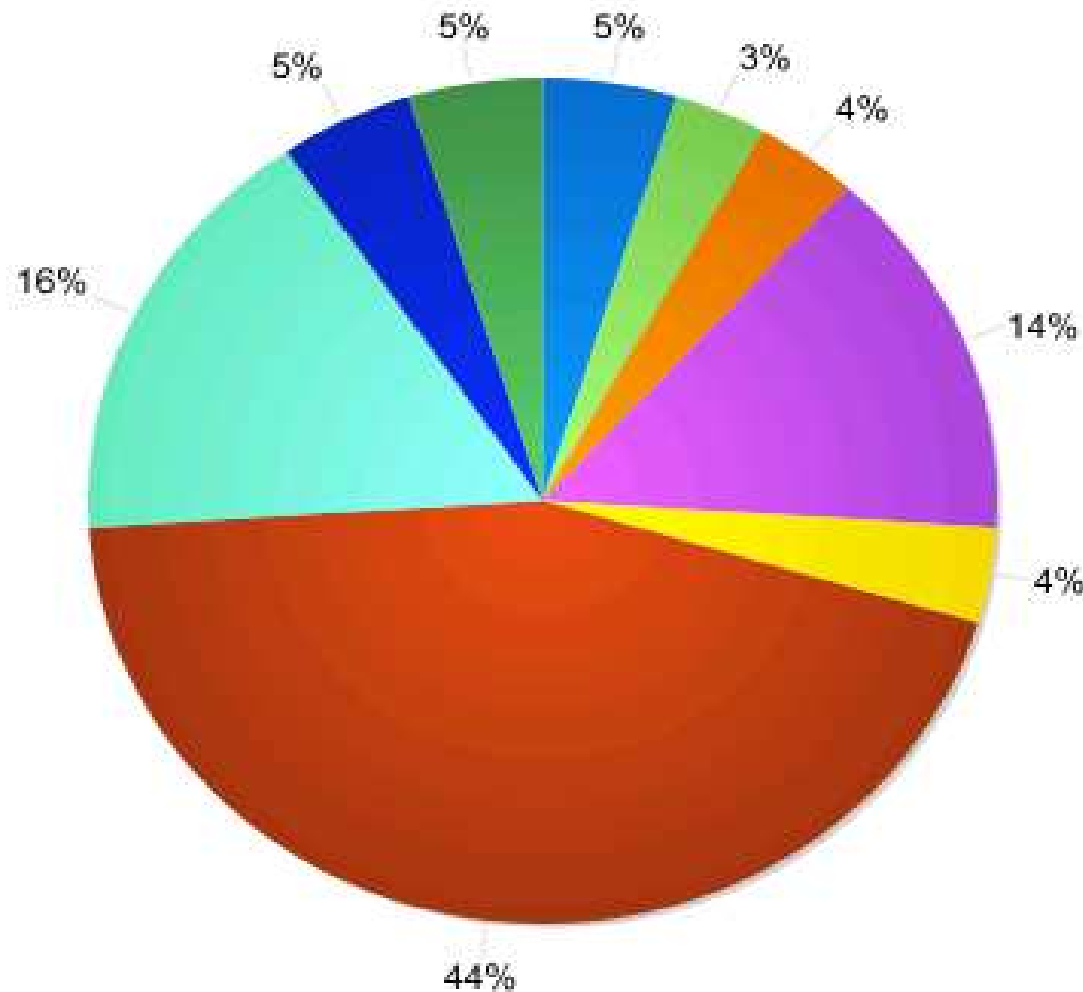


**Approved Housing Bodies**

## Triple Win Outcomes:

1. Better quality of life outcomes for the older person.
2. Build better communities and support the activation of more volunteers.
3. Better service effectiveness, without duplicating services, across civic society organisations and third sector agencies.

# Primary reason for our Befriending Service



- 44%** Lack of Social contact/ Support
- 16%** Poor Mental/ Emotional Health
- 14%** House Bound
- 5%** Poor Physical health
- 5%** Bereavement
- 5%** Other
- 4%** Dementia Alzheimer's
- 4%** Long term Care
- 3%** Cognitive Impairment



Supporting older people  
to age at home

## Our technology journey

2013

2016

2014 2015

Management Information System  
Quality & regulatory standards  
Automation of processes

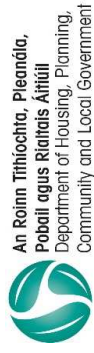
Research  
Training  
Trialling  
Failing

Development of MIS  
NetwellCASALA Partnership  
THINKTECH Awardees



Supporting older people  
to age at home

# THE ALONE PLATFORM



'I don't see any body, I don't hear anybody. Technology will help tremendously'

**ALONE**

Supporting older people  
to age at home



 NetwellCASALA



## 'I noticed Mary had not left the house for 3 days'

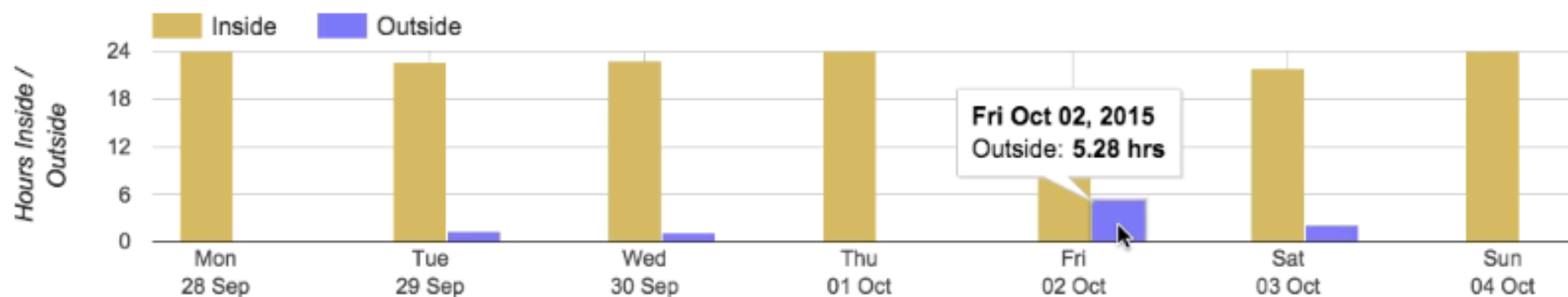
### Time Inside & Outside

[what's this?](#)

average  
this week

Inside  
**22h 34m**

Outside  
**1h 26m**



‘ The app will allow me to become a better advocate for my older person’

**ALONE**

Supporting older people  
to age at home

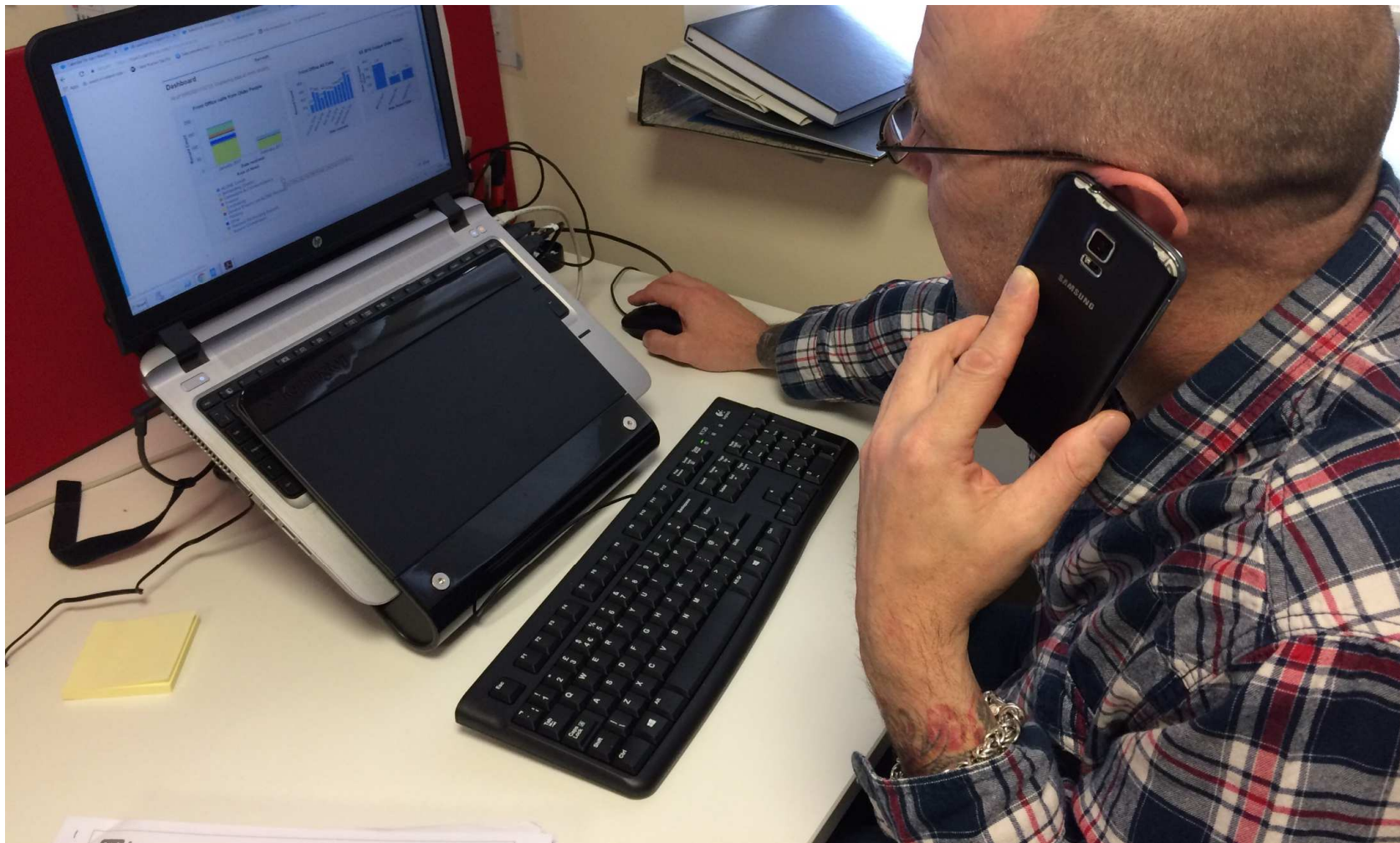


 NetwellCASALA

' I could check in with an additional 25 older people each day with improved technology'

**ALONE**

Supporting older people to age at home



 NetwellCASALA

# Older people WILL use technology

**ALONE**

Supporting older people  
to age at home

## Research

- Capable
- Interested
- Not afraid

Doyle (2014)

## Universal Design

- Co-Design
- Simplify
- Touch Screen

Centre of Excellence for Universal Design (2015)

## Education

- Training
- Benefits



## ALONE & NetwellCASALA Intermediary Role

- Research
- Technology
- Quality
- Compliance
- Training



Contact us