

#### Introduction

- CDI is one of the three Prevention and Early Intervention Programmes (PEIP) in Ireland
- Jointly funded by the Department of Children and Families (DCYA) and Atlantic Philanthropies (AP).
- CDI, Youngballymun and Preparing for Life were set up to test "innovative ways of delivering services and early interventions for children and young people, including the wider family and community settings." (DCYA, 2011)



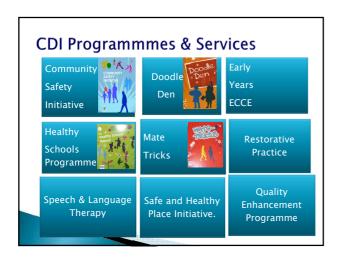
### Aims of Presentation:

- To introduce the work of the Childhood Development Initiative (CDI) in the Community
- To highlight a way to empower the community through engagement in research, specifically the 'How are our Families?' study
- To highlight key findings from this research in the community



### CDI

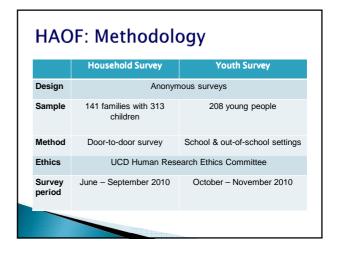
- CDI is based in Tallaght West
- Began with the establishment of a consortium with 23 people in 2004; First piece of work was a needs analysis entitled "How Are Our Kids?" (HAOK, 2004)
- A number of priorities were agreed based on this research –led to the set up & incorporation of CDI (2007)
- Following this a number of programmes were designed and delivered between 2007-2011



### Empowerment Through Engagement

- The 'How are our Families?' study
- By Dr Tara Murphy (CDI) and Dr Suzanne Guerin (UCD)
- ▶ Key Aims:
- To update our understanding of the lives of families in Tallaght West
- Establish patterns and trends in terms of areas of resilience and need;
- Inform CDI's strategic aims for Phase 2





# **HAOF: Methodology**

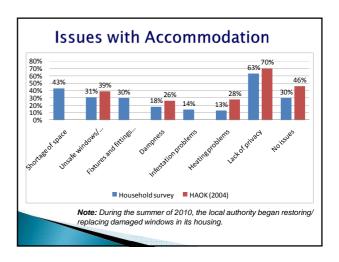
- Community field workers were trained to collect information using a structured survey
- Questions taken from a range of existing questionnaires
- Examined
  - education and employment
  - financial issues
  - health and well-being
  - child behaviour
  - sense of community and safety

## **HAOF: Some Key Findings**

- > For over half of families (57%, n=80) the family was headed by a couple and just over 40% (n=57) were single parents
  - Similar findings from Youth Survey, HAOK (2004) & CSO (2006)
- Two thirds of families (67%n=95) are renting from the local authority compared to 65% (HAOK, '04) and 7% nationally (CSO, '06)
- > 60% have lived in the area for 10 years or more (67% in HAOK)

# **HAOF: Participants**

- Participants in the household survey were between 19 and 73 years old, with an average age of 33 years.
- ▶ The majority of the young people who participated in the study were aged 12-13 years (65%, n=135) with the average age being 13 years
- Sampled from across five estates in Tallaght West with the largest group living in Jobstown, followed by Brookfield, Fettercairn, Killinarden and McUilliam



### **HAOF: Family Life**

#### Household survey

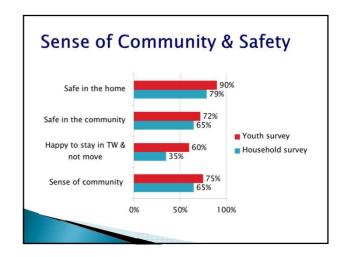
- Nearly 90% (n=124) reported really enjoying being a parent "all or most of the time";
- >81% (n=114) believe their child had a happy future ahead of them (all or most of the time).



### Youth survey

- Overall, participants reported having a more positive relationship with their primary caregivers compared to participants in KIDSCREEN;
- ▶ 68% (n=142) felt that their parents 'very' or 'extremely' understood them compared to 58% in KIDSCREEN;
- Majority of participants (78%, n=163) reported feeling 'very' or 'extremely' happy at home which is greater than that reported in KIDSCREEN (70%).

Small hands, huge possibilities. (Brookview Est.)



# **Employment & Finance**

- 43% (n=60) of adults reported that state benefits are the household's only source of income (33% did not respond) (similar to HAOK: 41%)
- > 46% of respondents indicated that they were 'getting by' financially. However, 33% reported have financial worries 'almost all of the time' within the previous six months
- The most frequently reported item/ commodity that adult participants reported could not afford was a family holiday (62%) followed by a private vehicle (32%)
- 71% (n=148) of young people reported 'very often' or 'always' having enough money to do the same things as their friends', compared to 69% nationally

### Conclusions

- Findings show evidence of resilience, coping and support among families in Tallaght West:
- At the same time, the findings also highlight the struggles that some families have:
- Evidence that parents are working to protect young people from significant stressors;
- Supporting the development and wellbeing of children and families in Tallaght West requires;
  - · understanding the challenges the community faces;
  - recognising the resources that are clearly evident within the community; and
  - identifying the gaps between resources and challenges as areas for future development.

# **HAOF: Disseminating Findings**

- How are our Kids (HAOK, 2004) highlighted key areas for improvement – led to changes in the community
- HAOF presented to the Oireachtas committee on Health and Children 5<sup>th</sup> July 2012
- Also presented to the Children's Services Committee

